

Identifying your goals and resources

1. If you knew you could not fail, what would you most want to do for the healing of our world?

- Help co-create the global planetary consciousness that is necessary for the self-healing of the earth.

2. What specific goal or project could you realistically aim to achieve in the next twelve months that would contribute to this?

- Write a paper (and possibly a blog of the work in progress) that unpacks this vision of an evolution of consciousness. Explore it deeply and thoroughly enough that publishing it makes a contribution to the healing of the earth.

3. What resources, inner and outer, do you have that will help you do this?

INNER RESOURCES

- The desire to contribute to the Great Turning
- A lifetime of thinking and reflecting about consciousness and its evolution
- An inquiring mind that is also sharply analytical
- The hundreds of books I've read on related topics
- Library school and 9 years working as a school librarian
- The skills developed in the writing courses I've taken
- Calm center from meditating, grounded in my body and presence

EXTERNAL RESOURCES

- **Group of advisory readers to give me feedback about the work in progress, made up of the participants in this course.**
- Los Angeles Public Library branch delivery system
- Peaceful space at home alone most of the day
- Retired with no significant money worries
- The Internet
- My iPad, computers, and writing software

4. What resources, internal and external, will you need to acquire? What might you need to learn, develop, or obtain?

- What I need to learn will be dictated by the direction the research takes

5. How might you stop yourself? What obstacles might you throw in the way?

- Get enthusiastic about something else
- Decide this isn't important
- Health crisis

6. How will you overcome these obstacles?

- Remember to keep bringing the focus back to the healing of our world
- Establish continuity with my ongoing writing projects

7. What step can you take in the next week, no matter how small, that will move you toward this goal?

- Set up a structure for gathering all the ingredients, strands, and facets of the project
- Do an initial mailing to the support group