

Active Hope by Joanna Macy and Chris Johnstone

How to Face the Mess We're in without Going Crazy

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Active Hope is about finding, and offering, our best response to the crisis of sustainability unfolding in our world. It offers tools that help us face the mess we're in, as well as find and play our role in the collective transition, or *Great Turning*, to a life-sustaining society.

“Books about social and ecological change too often leave out a vital component: how do we change ourselves so that we are strong enough to fully contribute to this great shift? *Active Hope* fills this gap beautifully, guiding readers on a journey of gratitude, grief, interconnection and, ultimately, transformation.”
Naomi Klein, author of *The Shock Doctrine*.

At the heart of this book is the idea that Active Hope is something we do rather than have. It involves being clear what we hope for and then playing our role in the process of bringing that about. The journey of finding, and offering, our unique contribution to the Great Turning helps us to discover new strengths, open to a wider network of allies and experience a deepening of our aliveness. When our responses are guided by the intention to act for the healing of our world, the mess we're in not only becomes easier to face, our lives also become more meaningful and satisfying.

So this is where we begin — by acknowledging that our times confront us with realities that are painful to face, difficult to take in, and confusing to live with. Our approach is to see this as the starting point of an amazing journey that strengthens us and deepens our aliveness. The purpose of this journey is to find, offer, and receive the gift of Active Hope.

The book guides the reader through a transformational process informed by mythic journeys, modern psychology, spirituality and holistic science. This process equips us with tools to face the mess we're in and play our role in the collective transition, or Great Turning, towards a life-sustaining society.

Active Hope is published in the English language by [New World Library](#),

There is a German edition - [please see here](#)

A Dutch edition - [please see here](#)

A Turkish edition - [please see here](#)

Stop Press...

Workshops with Joanna Macy

see her website calendar at [this link](#)

Online resource for Active Hope Book Groups

Find out more at this link [here](#).

A Ten-minute practice of Active Hope

Article by Chris Johnstone in Resurgence [here](#).

Interview with Joanna Macy

at Spiritualityhealth.com [here](#).

The Active Hope Show

The first episode of the Active Hope Show, featuring Joanna Macy telling the Shambhala Warrior Prophecy, is now on You-Tube.

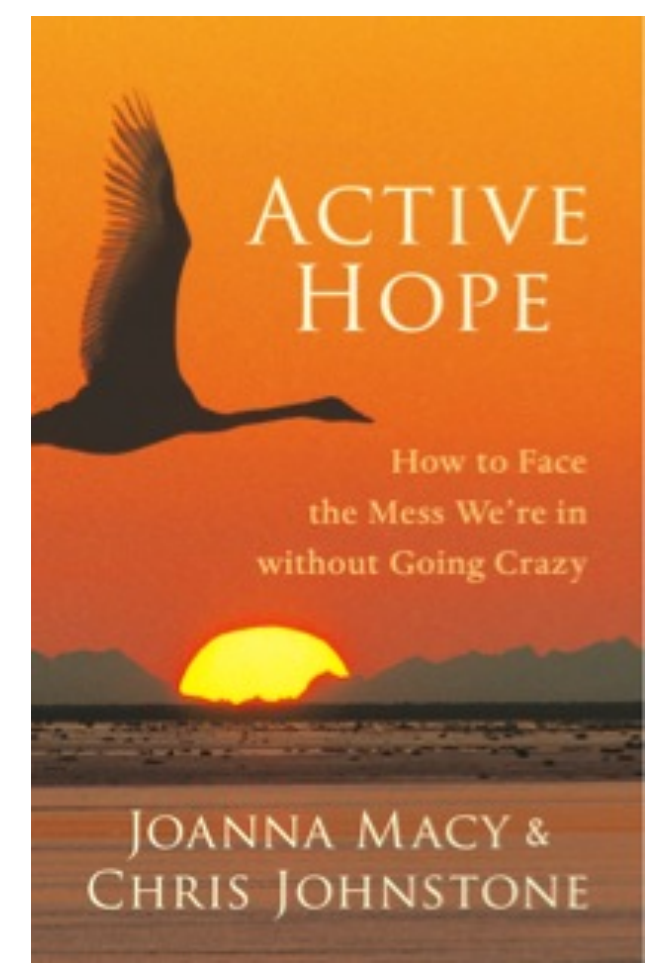
Less than ten minutes long, you can watch it [here](#).

Second episode is now viewable at [this link on You-Tube](#)

[Active Hope Show no.3](#) with theme tune

[Active Hope Show 4](#) with short spiral of the WTR

For an article about Active Hope on the Guardian newspaper website, see [here](#).



A Japanese edition - [please see here](#)
A Korean edition - link coming soon
A Spanish edition - [please see here](#)
A French edition - [please see here](#)
And a Swedish edition - [please see here](#)

There are currently plans to publish editions in Farsi, Catalan, Italian
and Portuguese.

Watch this page for more details when we have them.

For a view of the book cover, please click [here](#).